

When a Dog is More Than a Friend



Richard Ledford
Editor

So many of us take our independence for granted. The most basic of daily tasks just seem to happen. But for many in our community, it's not that simple. Before we report on today's program, lets take a quick walk-thru on our meeting.

Prez Suzy called us to order, declaring our Club, the first chartered in the San Diego Region, as the "Grandmother" of the 50 Clubs chartered since. Oh my. The Inspirational Moment was ably provided by The Adventurous-One **Kathleen Carroll** (ask her when you see her!) who regaled us with quotes on dogs (so incredibly fitting with our program!) from such notables as Sir Walker Scott and the Encyclopedia of Dogs. **Larry Hoeksema** lead us in the Pledge and a rousing rendition of *America* accompanied by the skillful Bryan Verhoye on piano. Next up was News-Guy **Mark Burgess** with all the news...some we want, some we don't, like Australia's relaxation of regulations on shooting kangaroos. Thank you to this week's news sponsor **John Neuhart** and DVC Cleaner, Inc.

Prez Suzy greeted and welcomed the Rotarians and visitors attending the meeting. This would have been a lot shorter announcement had she not stolen the Chair of the Day's introduction of our visiting Rotarian from the farthest distance! That earned another "oh my". The next Club 33 Social Hour event set for August 15 at the Carruth Cellar was declared by Find-You-The-Perfect-Candidate-For-That-Position **Trevor Blair** (and yes he can!). Then, combining our Prez' Art & Music Moment, found Prez Suzy congratulating our own **Sue Rehm**, a gentle soul, for wining a Blue Ribbon at the Del Mar Fair for her beautiful acrylic painting... and sticking her with a \$350 fine for the honor. Could it be our Prez was jealous because she never won that award at the Fair? Who says there is no politics in the Arts! You can find a photo of Sue's prize-winning artwork on page 4.

Shifting gears, our newest member, **Janessa Goldbeck**, was introduced. A Marine Corps combat engineer, with an amazing background as a human rights organizer, Janessa joins the Club with many talents and will likely be a prime target for membership by a number of Committee Chairs. Welcome, Janessa!

Prez Suzy introduced Chair of the Day **Mark Stuart**, who among his many talents, is considered in the top of his real estate profession. Mark has landed a job on the "other" coast, sadly making this his last meeting. Mark is a volunteer puppy trainer with Canine Companions for Independence (CCI) and so it was a regular sighting to see him with his four-legged trainees Keegan and Truckee each Thursday. After introducing our visiting Rotarians (again!), Mark introduced Kim Becker, Executive Director of CCI.

Pam lead us into the work CCI is doing to help people with disabilities live independently. The 850 volunteers and professional staff in the region actually breed and train Labs and Golden Retrievers for a variety of service purposes, including service dogs, skilled companion dogs, hearing dogs, facility dogs, and PTSD dogs. CCI does all of this free of charge and without any government support. (Each dog costs about \$50,000 to raise and train!) To drive it home, we were introduced to Army vet Jay Huston and his companion, Hurley. Remarkably, it seems the benefits are more than providing a sense of independence. Jay eloquently explained that Hurley restored a lost sense of responsibility and routine for him as he tended to Hurley's needs.

This was an uplifting program reminding us of how our furry friends can be the solution for the disabled to live independent and active lives again. If you would like more information about CCI, or to learn about their volunteer opportunities, [click here](#).

Next Meeting

August 16, 2018

**Dr. Anup Katheria,
Director,
SHARP Neonatal
Research Institute**

San Diego is one of the leaders in advancements made to ensure premature babies grow into healthy children. The work is no less than miraculous and being done right in our backyard. Hear from the leader in this research and the changes to birth centers and the neonatal intensive care units protocols that is saving lives.

Dr. Anup Katheria will be presenting an overview of a recently developed program at Sharp Mary Birch Hospital for Women & Newborns, the Neonatal Research Institute. This program, the first of its kind, had been developed to bring large scale research, typically done at University Hospitals to the largest delivery hospital in the state. To date the institute has received 4 National Institute of Health grants, and over \$10 million in research funding. Over 1500 newborns have been enrolled in 30 trials all impacting the practice and care of the newborn.



**Jean Young
Chair of the Day**

QUICK BITS

DEAR VETERANS OF SAN DIEGO ROTARY,

The Military Affairs Committee would like to compile a list of Club members that are Veterans for future outreach. Please click this link and take a very brief survey.

<https://www.surveymonkey.com/r/ClubVeteranSurvey>

Thank you for your past service, support and participation.

CLUB 33 DOUBLES TENNIS



Tuesday, August 28
5:30 - 7:00 pm
Barnes Tennis Center
Cost: \$15 per person

All levels of play are welcome!
[Click here to register](#). Please contact [Bruce Hunt](#) if you have any questions.

CLUB 33 SOCIAL HOUR

San Diego Rotary Established 1911

Wednesday, August 15
5:30-7:30pm

Meet in the outside wine garden.
Carruth Cellars Wine Garden
2215 Kettner Blvd, San Diego, CA 92101

No cost to attend – cash bar, craft beer and bites also available

CARRUTH CELLARS
URBAN WINERY & TASTING ROOM

Location: Carruth Cellars Wine Garden
2215 Kettner Blvd. SD 92101
No cost to attend - cash bar, craft beers and bites also available.

We hope to see you there—bring a guest!

Give the Gift of Rotary
Prospective Member Reception
September 6
11:15—noon
[Click here for details and to register](#)

Are you ready to bring in a new member? The club has designed a **NEW ONLINE SPONSOR QUESTIONNAIRE** form which is easier to fill out and to submit. The link to the form can be found on our website under New Member Application Forms here <https://www.sandiegorotary.club/about-us/member-information/>.

San Diego Rotary Club – Sponsor Questionnaire

Form fields include: Name, Address, Telephone Number, Proposed Member's Name, Proposed Member's Occupation and Title, Proposed Member's Address, and a checkbox for 'Is this candidate a VOTER?'.

CALENDAR

ALL MEETINGS ARE HELD AT LIBERTY STATION CONFERENCE CENTER UNLESS OTHERWISE NOTED

August

- 16 *Dr. Anup Katheria, Sharp, Neonatal Research Institute*
- 23 *Annual Committee Showcase /District Governor Mel Gallegos*
- 30 *Dan Shea and Peter Seidler—San Diego's Homeless Crisis*

GROTARIAN EVENTS

Elephant Odyssey Bridge Deck at the San Diego Zoo
Date: Tuesday, September 18
Time: 5:00 pm—7:00 pm
Cost: \$30 per person

Join the Grotarians for a roaring good time at the San Diego Zoo! We will walk across the new Elephant Odyssey Bridge to a private lounge area. It is a 450 foot bridge that connects the two sides of the zoo. When you look down from the bridge, you will have a great view of the pandas. The fun continues at the private lounge area, where we will have a presentation and animal encounter while enjoying beverages and appetizers.

Space is limited therefore each member is limited to one guest.

[Click here](#) for more information and to register.

BIRTHDAYS

August

Ann Hill	13
Serhat Pala	13
Sylvia DuBeau	13
G.T. Frost	13
Vance Gustafson	14
Dennis Burks	14
Brad Sund	17
Jim Wynkoop	17
Joe Farrage	17
Marten Barry	19

Meetings: Every Thursday at Noon, Liberty Station Conference Center, 2600 Laning Road, San Diego, 92106

Suzy Spafford, President ♦ Paul Devermann, Executive Director

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MEMBERSHIP

Please welcome our newest member to the club:



Janessa Goldbeck—“Consultant-Public Policy and Communication.”

Janessa is a Combat Engineer Officer with the United States Marine Corps (5.5 years) and is also the Founding Principal of Sui Generis Strategies, a consulting firm that provides strategic advocacy solutions for 501c3 clients.

Janessa has a long history of involvement with Rotary. She was the President of her Interact Club from 2001-2003 at San Dieguito High School Academy and attended RYLA as a student in 2003. She interned for The Rotarian while a Journalism and African Studies student at Northwestern University, writing several features for the magazine. After many years of moving around with the Marine Corps, she has recently returned to her hometown of San Diego, where she plans to retire next year and remain for many years. She is currently on the Board of the Women's Museum and is pursuing a Masters of Public Administration at USC via their full-time online program.

Andrea da Rosa, Michelle Candland and Peg Eddy were her sponsors.
Email: janessagoldbeck@sui generisstrategies.com



Welcome back **Ron Eisenberg** (center). Ron was a Club 33 member from 2013-2016 and was the owner of the award-winning Great News! cookware retailer and cooking school in Pacific Beach.

We are happy to have you back, Ron!

FACES IN OUR CROWD

Photos courtesy of Paul Nestor



(Left and center photos) **Wayne Goodermote** and **Deirdre Maloney** welcome some of our visiting guests; (right) veteran Jay Huston shares with us his experience with CCI and how his companion Hurley has changed his life.



(Left) President Suzy with Chair of the Day Mark Stuart and guest speaker Pam Becker; (right) several of CCI's volunteer puppy trainers brought along their trainees for a meet-and-greet.



(Left) A proud President Suzy displays Sue Rehm's award-winning (first place!) oil painting during her weekly Art & Music Moment; (right) Suzy with Young Professional members **Karlie Lopardo**, **Bobby Marsh** and **Daniel Amaro**.