

If you missed our December 5th program, 2024 Mr. and Mrs. San Diego Ben and Nikki Clay, you may click on the picture below to view a video of it.



How did you like this week's program? Take the survey by clicking [HERE](#).

## Next Meeting December 12 David Haige: CEO San Diego Legion Rugby



Cannot attend in person? Here is the weekly recurring [ZOOM LINK](#) to tune in virtually at 12:30pm. You may also phone in to listen to the meeting: Phone: 1-669-900-6833  
Password: 84935003462# (include the "pound" sign).

# UPCOMING PROGRAMS

December 19th

## **Annual Holiday Program**

*It will be a magical holiday adventure embracing cozy winter nights with sparkling snowflakes and lots of holiday cheer!*



December 26th

## **Dark for the Holidays**

# DECEMBER 2-15 BIRTHDAYS

December 4: Norbert Sanders

December 5: Andy Hewitt

December 10: Miro Copic, Karen Sangren

December 11: Amnon Ben-Yehuda, Rick Brooks

December 12: Jerry Jessop

December 14: Mia Harenski, Mike Novak, Ed Mracek

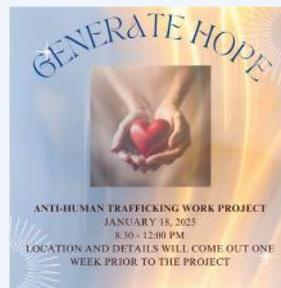
December 15: Skip Hymes, Carol Dedrich,

Alessandra Costigliola, Debbie Day



# AROUND THE DISTRICT

The Rotary District 5340 Anti-Human Trafficking Task Force invites you to a work party on Saturday, January 18, 2025, at a local recovery home. Our efforts will focus on enhancing the garden and yard area, as well as providing necessary in-home cleaning. These events are crucial for supporting the facility and demonstrating kindness to the residents. We plan to work from 8:30 AM to 12:00 PM. No specific skills are required, just enthusiasm and a readiness to help. Interested individuals should reach out to Bonnie Welsh at [bawelch@pabell.net](mailto:bawelch@pabell.net). To maintain confidentiality of the location and manage volunteer registration, please contact Bonnie directly. The address will be disclosed to volunteers the week before the event and must remain confidential.



Saturday, March 29, 2025 at 8:30 AM  
**SAVE THE DATE - 2025**  
**DISTRICT TRAINING**  
**ASSEMBLY - ALL Rotarians**  
**Welcome**

# SPOTLIGHT ON THE COMMUNITY



The San Diego Rotary Club was invited back to Drew Schlosberg's "Spotlight on the Community" podcast where President Mia Harenski and Executive Director Jordan Maharaj spoke about the Mr. Mrs. San Diego award, our Rotaract Clubs, and our outreach to seniors. You can listen to the podcast by [CLICKING HERE](#).

We thank [Scatena Daniels Communications](#) for their help in arranging this opportunity.

## FRIENDSGIVING



*Thank you Luisa McCarthy and Mica Polanco for hosting a Rotarian's Friendsgiving in your beautiful home!*

# INTERNATIONAL COMMITTEE

The San Diego Rotary Club, in partnership with Rotary Club of El Cajon Sunset, supported free medical camps in Kenya. The first free medical camp took place Saturday Nov. 23, at Mitaboni market, Kathiani sub county, Kenya.

This link provides information on the medical camp as broadcast on KTN TV, a national news outlet.

[Residents of Mtamboni Market in Machakos benefit from free diabetes and hypertension checkup](#)



# GROTARIAN COMMITTEE

join us for our  
**Grotarian  
Holiday  
Happy Hour**

**10**  
December

at 5.00 PM  
Vinya: vino + vinyasa  
6185 Balboa Ave  
San Diego, CA 92111

# FACES IN THE CROWD

*Photos courtesy of Paul Nestor*



(Lt.) **Chris Sichel** with **Leo Banales**, **Tom Hom**, and **Nora Hom Newbern**.  
(Rt.) **Stephanie Saathoff** gives the Inspirational Moment.



(Lt.) Mayor **Todd Gloria** gets a warm welcome from **Nancy Sasaki** and **Julie Roland**.  
(Rt.) Mayor **Gloria** presents **Ben** and **Nikki Clay** their plaque, with **President Mia**.