



If you missed our February 26th program, *Rick Ochocki: NAMI*, you may click on the picture below to view a video of it.



February 26, 2026 - NAMI

Jordan Leigh Barbod

Who We Are ... The Alliance

- Nation's largest grassroots mental health organization
- An alliance of more than **600** local Affiliates and **48** State Organizations
- Three-fold Mission: To **Support**, To **Educate**, and To **Advocate**



How did you like this week's program? Take the survey by clicking [HERE](#). Thank you to Cygnet Theatre for sponsoring this week's Rotary News.

[March 5, 2026](#)

[Mandy Salas: Her Journey from Quadriplegia to Triumph](#)



Cannot attend in person? Here is the weekly recurring [ZOOM LINK](#) to tune in virtually at [12:30pm](#). You may also phone in to listen to the meeting: Phone: 1-669-900-6833
Password: 84935003462# (include the "pound" sign).

UPCOMING PROGRAM

March 12

Coach Blanche Alverson: Head Coach
USD Women's Basketball

March 19

Dr. Diane Simeone: Director, UCSD Moores Cancer Center

March 26

Karen Chen: SVP Wealth Management LPL Financial

MARCH 2-8 BIRTHDAYS

March 2: Joe Sammartino

March 4: Jim Madaffer, Mark Burgess, Jon Schwartz

March 7: Kirk Jackson

March 8: Stephanie Rossis

UPCOMING EVENTS



[Register Here](#)



Learn more about what happens from Rotary International level down to the district level for the 2026-2027 year.

[Southwest PELS Website Link](#)

PAC Funding

For all of our committee Chairs, Co-Chairs or Vice Chairs:

Through our annual Project Allocation Committee (PAC) process, I am pleased to inform you that the grant application window for the next fiscal year (July 1, 2026 – June 30, 2027) is now open. The final date that applications will be accepted is **Thursday, March 19, 2026**. However, as the committee needs to go through each application and score them, it would be most appreciated if you could submit your application as soon as possible so that the committee has adequate time to carry out their task.

The form may be accessed here:

<https://docs.google.com/forms/d/e/1FAIpQLSfqgwNTJjY2T5IUNZJgJ3vrn9oGxIUkM4qyeegv2p5UvbPfkQ/viewform>

Should you have any questions, please contact Steve Coopersmith stc@STEVECOOPERSMITHLAW.COM, Vice Chair Daniel Amaro at damaro@klarinetsolutions.com or our Executive Director Jordan Maharaj at jordan@rotary33.org.

SDSU ROTARACTS

March 21, 2026
5-7 pm
Montezuma Hall SDSU

A networking event for Rotaracts and Rotarians.

[Join the fun and RSVP here!](#)

CITY HEIGHTS ROTARACTS

It was a full house at the City Heights Rotaract Club's annual Peace meeting this last week. The club awarded the Chuck Preto Peacemaker of the Year honor to Alor Calderon for his work in the community. Joined by Club 33's IDEA committee co-chair Laura Mitchell, new Club 33 member Jonathan Yackley, Committee Chair Mia Harenski and Rotarians from the Mission Valley Evening Club, the Rotaract Club recognized Past President Chuck Preto for his support of their club and how important he was in their success.



Photos

by Paul Nestor



(Lt) Betty Peabody, Bill Wise and Bill's grandson. (Rt) Katie Fulhorst, Frank Pavel, Solveig Deuprey, Will Hage, Mike Caruso, Bruce Doole and Tyler Crammer.



(Lt) Thomas Cohen, Steven Kempa, David Oates, Walter Lam, and Ned Silver.
(Rt) Phil Blair, Judy Thompson, Jack Berkman, Joe da Rosa, Amie Brown, Suzy Spafford, Mary Dawe and President Wendy.



(Lt) Larry Kuntz, Larry Showley, Glenn Goltz, Doug Arbon, Raymond Uzeta, Tom Vecchione, Bridget Meckley and Sue Rehm.
(Rt) Inspirational Moment Ben Clay, President Wendy, Guest Speaker Rick Ochocki and COD Rodger Dougherty.